

# 5K RUN

SPONSORED BY KNOX COMMUNITY HOSPITAL

Director in Charge: Heath Kempton

**SATURDAY — 9:00 A.M.**

The start will be at the Fredericktown School Board Office. Water will be available at one place along the race course. Gear storage will be available at the starting point at the Fredericktown School Board Office, 117 Columbus Road, Fredericktown Ohio 43019.

Pre Registration by mail before September 1<sup>st</sup> or On-Line until September 7th will be **\$20.00**. The fee for the day of the race will be **\$25.00** for all ages. Race Day registration begins at 7:30 am at the Fredericktown School Board Office.

Make Check or money orders payable to:

**THE FREDERICKTOWN TOMATO SHOW**

Mail Application below and payment to:

**5K Run, P.O. Box 28, Fredericktown Ohio 43019.**

**PREFERRED Registration on line through F.A.B. Timing at:**  
[www.tomatoshow.com](http://www.tomatoshow.com)

**First 175 registrants are guaranteed a Dry Fit style race shirt.**

**Pre-Registrants before September 1st are guaranteed sizes.**

**Race day will be sizes as available.**



## RACE FORM

Name \_\_\_\_\_

Age as of race day \_\_\_\_\_ Male/Female \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_ Shirt Size \_\_\_\_\_

In consideration for the foregoing, I, for myself, my executors, administrators, and assigns, do hereby release and discharge the FREDERICKTOWN TOMATO SHOW BOARD OF DIRECTORS, Fredericktown School District, Village of Fredericktown, and private property owners from claims of damage, demands, action and causes of action whatsoever in any manner arising or growing out of my participation in said run. I have full knowledge of the risks involved and certify that I am physically fit and sufficiently trained to participate in this race.

\_\_\_\_\_  
*Signature of parent or guardian if runner is under 18 years of age.*

Signature of runner \_\_\_\_\_

